



2019

The nutrition programs are for low/no income households. By signing the form, you certify that your household income does not exceed the income guidelines.

Los programas de nutrición son para hogares de bajos ingresos. Al firmar la forma, certifica que su ingreso mensual no exceda la guía de EFAP.

P = Pajaro

Pajaro Library

29 Bishop Street - 9:30 - 10:30 a.m.

PRN = Prunedale

Prunedale Grange

17890 Moro Road - 9:00 - 10:00 a.m.

C = Castroville

Our Lady of Refuge Church

11140 Preston Street - 9:30 - 10:30 a.m.

January/Enero

S	M	T	W	TH	F	S
		Holiday	PRN	C & P	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	Holiday	22	23	24	25	26
27	28	29	30	31		

February/Febrero

S	M	T	W	TH	F	S
					1	2
3	4	5	PRN	C & P	8	9
10	11	12	13	14	15	16
17	Holiday	19	20	21	22	23
24	25	26	27	28		

March/Marzo

S	M	T	W	TH	F	S
					1	2
3	4	5	PRN	C & P	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April/Abril

S	M	T	W	TH	F	S
	1	2	PRN	C & P	5	6
7	8	9	10	11	12	13
14	15	16	P 10-11:30	18	19	20
21	C 10-11:30	23	24	25	26	27
28	29	30				

May/Mayo

S	M	T	W	TH	F	S
			PRN	C & P	3	4
5	6	7	8	9	10	11
12	13	14	P 10-11:30	16	17	18
19	C 10-11:30	21	22	23	24	25
26	Holiday	28	29	30	31	

June/Junio

S	M	T	W	TH	F	S
						1
2	3	4	PRN	C & P	7	8
9	10	11	12	13	14	15
16	17	18	P 10-11:30	20	21	22
23	C 10-11:30	25	26	27	28	29
30						

July/Julio

S	M	T	W	TH	F	S
	1	2	PRN	Holiday	5	6
7	8	9	10	C & P	12	13
14	15	16	P 10-11:30	18	19	20
21	C 0-11:30	23	24	25	26	27
28	29	30	31			

August/Agosto

S	M	T	W	TH	F	S
				C & P	2	3
4	5	6	PRN	8	9	10
11	12	13	14	15	16	17
18	19	20	P 10-11:30	22	23	24
25	C 10-11:30	27	28	29	30	31

September/Septiembre

S	M	T	W	TH	F	S
1	Holiday	3	PRN	C & P	6	7
8	9	10	11	12	13	14
15	16	17	P 10-11:30	19	20	21
22	C 10-11:30	24	25	26	27	28
29	30					

October/Octubre

S	M	T	W	TH	F	S
		1	PRN	C & P	4	5
6	7	8	9	10	11	12
13	14	15	P 10-11:30	17	18	19
20	21	22	23	24	25	26
27	C 10-11:30	29	30	31		

November/Noviembre

S	M	T	W	TH	F	S
					1	2
3	4	5	PRN	C & P	8	9
10	Holiday	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	Holiday	Holiday	30

December/Diciembre

S	M	T	W	TH	F	S
1	2	3	PRN	C & P	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	Holiday	26	27	28
29	30	31				

For more information please contact the Food Bank for Monterey County (831) 758-1523, www.foodbankformontereycounty.org, or call 211

Para mas informacion por favor llame al Food Bank for Monterey County (831) 758-1523, www.foodbankformontereycounty.org, o llamar al 211