



2019

The nutrition programs are for low/no income households. By signing the form, you certify that your household income does not exceed the income guidelines.

P = Pajaro

Pajaro Library

29 Bishop Street - 8:30 - 9:30 a.m.

PRN = Prunedale

Prunedale Grange

17890 Moro Road - 9:00 - 10:00 a.m.

Los programas de nutrición son para hogares de bajos ingresos. Al firmar la forma, certifica que su ingreso mensual no exceda la guía de EFAP.

C = Castroville

North County Recreation Center

11261 Crane Street - 9:30 - 10:30 a.m.

January/Enero						
S	M	T	W	TH	F	S
		Holiday	PRN	C & P	4	5
6	7	8	9	10	11	12
13	Holiday	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

February/Febrero						
S	M	T	W	TH	F	S
					1	2
3	4	5	PRN	C & P	8	9
10	11	12	13	14	15	16
17	Holiday	19	20	21	22	23
24	25	26	27	28		

March/Marzo						
S	M	T	W	TH	F	S
					1	2
3	4	5	PRN	C & P	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April/Abril						
S	M	T	W	TH	F	S
	1	2	PRN	C & P	5	6
7	8	9	10	11	12	13
14	15	16	P 10-11:30	18	19	20
21	C 10-11:30	23	24	25	26	27
28	29	30				

May/Mayo						
S	M	T	W	TH	F	S
			PRN	C & P	3	4
5	6	7	8	9	10	11
12	13	14	P 10-11:30	16	17	18
19	C 10-11:30	21	22	23	24	25
26	Holiday	28	29	30	31	

June/Junio						
S	M	T	W	TH	F	S
						1
2	3	4	PRN	C & P	7	8
9	10	11	12	13	14	15
16	17	18	P 10-11:30	20	21	22
23	C 10-11:30	25	26	27	28	29
30						

July/Julio						
S	M	T	W	TH	F	S
	1	2	PRN	Holiday	5	6
7	8	9	10	C & P	12	13
14	15	16	P 10-11:30	18	19	20
21	C 10-11:30	23	24	25	26	27
28	29	30	31			

August/Agosto						
S	M	T	W	TH	F	S
				C & P	2	3
4	5	6	PRN	8	9	10
11	12	13	14	15	16	17
18	19	20	P 10-11:30	22	23	24
25	C 10-11:30	27	28	29	30	31

September/Septiembre						
S	M	T	W	TH	F	S
1	Holiday	3	PRN	C & P	6	7
8	9	10	11	12	13	14
15	16	17	P 10-11:30	19	20	21
22	C 10-11:30	24	25	26	27	28
29	30					

October/Octubre						
S	M	T	W	TH	F	S
			PRN	C & P	4	5
6	7	8	9	10	11	12
13	14	15	P 10-11:30	17	18	19
20	21	22	23	24	25	26
27	C 10-11:30	29	30	31		

November/Noviembre						
S	M	T	W	TH	F	S
					1	2
3	4	5	PRN	C & P	8	9
10	Holiday	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	Holiday	Holiday	30

December/Diciembre						
S	M	T	W	TH	F	S
1	2	3	PRN	C & P	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	Holiday	26	27	28
29	30	31				

For more information please contact the Food Bank for Monterey County (831) 758-1523, www.foodbankformontereycounty.org, or call 211

Para mas informacion por favor llame al Food Bank for Monterey County (831) 758-1523, www.foodbankformontereycounty.org, o llamar al 211